Lyphe Australia

I've taken too much medication

- A common problem patients can run into when using medical cannabis for the first time is taking too high of a dose of THC. While this is generally not a life threatening situation it can be an unpleasant experience.
- The key to avoiding this situation is starting with a small dose, commonly 0.1mL for high THC products. It can take 1-2 hours for the dose to reach peak effect in your body. The duration of effect is generally between 4-6 hours, though this can be longer at high doses.
- Frequent signs of 'Greening Out' include nausea and vomiting, extreme drowsiness, heightened paranoia, anxiety, and tachycardia or palpitations.
- THC does not suppress your respiratory system. In most cases you can 'sleep it off', be mindful of choking hazards if nauseated or vomiting and extremely drowsy.
- Follow prescription as directed by doctor (printed on bottle). Contact the clinic or your pharmacy if you are not sure what your dose or prescription is, including max daily limit.

Start low and go slow!*

CBD	0.25mL
Balanced	0.25mL
High THC	0.1mL

* suggested - always follow prescription

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General Potential Side Effects

Most Common

- Dry mouth
- Increased appetite
- Drowsiness / Tiredness
- Brain fog
- Cough/phlegm/airway irritation (vaping/ smoking)
- Anxiety
- Nausea

Common

- Euphoria
- Blurred vision
- Headache

Rare

- Orthostatic/postural hypotension
- Toxic psychosis / paranoia
- Balance impairment / dyscoordination (ataxia)
- Cannabis hyperemesis (uncontrolled vomiting)
- Dairrhoea

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